

BUILD STRONG FAMILIES WITH STORIES

Dear Educator,

We are thrilled to share **BUILD STRONG FAMILIES WITH STORIES**, a joint initiative of First Book and Search Institute, with generous support from Disney. This diverse collection of 21 books with downloadable reading guides is designed to help families grow stronger.

Strong families support a child's success in school and in life. Through ongoing research, Search Institute has identified actions, called Family Strengths, that **ALL FAMILIES** can take to grow stronger together. Search Institute research has shown that these Family Strengths can have an even larger impact on a child's well-being than family income, immigration status, education level, neighborhood or other demographic factors. The Family Strengths fall into six categories:

- ★ EXPRESSING CARE
- ★ CHALLENGING GROWTH
- ★ PROVIDING SUPPORT
- ★ EXPANDING POSSIBILITIES
- ★ CREATING ROUTINES AND TRADITIONS
- ★ CONNECTING TO YOUR COMMUNITY

The books (appropriate for children ages 4 to 8) each model behaviors that families can adopt in order to grow stronger. Every title is paired with a downloadable reading guide designed for parents and caregivers that includes activities, discussion prompts and key ideas to take away from the story.

Send these books and reading guides home to families, or use them in your own classroom or program! We hope these resources will help you engage families while empowering them to build upon their own strengths and help their children succeed.

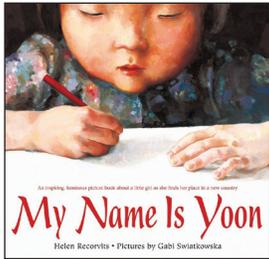
Happy Reading!

Your friends at First Book and Search Institute



BUILD STRONG FAMILIES WITH STORIES

Family Strengths are actions that **ALL FAMILIES** can take to grow stronger and support a child's success, according to Search Institute research. This guide will help you discuss this story with your child and use it to explore your family's unique strengths.



MY NAME IS YOON

by Helen Recorvits; illustrated by Gabi Swiatkowska

Yoon feels unhappy after her family moves from Korea to the United States, until she gets encouragement at home and at school and learns to write her name in English.

THIS STORY MODELS ENCOURAGING



My Name is Yoon is about providing support. The book shows how you can help your child by praising his or her efforts and achievements. Here's how:

- Yoon's parents want to help her adjust to big changes in her life.
- When Yoon expresses her frustrations, her parents encourage her to keep practicing and have patience with herself.
- The kind words of her teacher and classmates help Yoon feel good about who she is. Yoon's parents repeatedly let her know that they are proud of her efforts.

TRY THIS!



Praise your child's efforts and achievements – even small milestones. Use words that focus on things your child does or tries to do, instead of your child's attributes or traits. For example, say "I like how you solved that problem," instead of "You are so smart." When you point out specific things your child does well, you encourage your child to keep trying and doing things that help him or her grow.

TALK AND ASK YOUR CHILD QUESTIONS AS YOU READ



- ★ Yoon's father wants her to write her name in English. ASK: *Why does Yoon like her name better written in Korean?*
- ★ Yoon likes writing other words better than writing her name. ASK: *Do you think Yoon wants a different name? Why? Have you ever wanted a different name?*
- ★ Tell your child about a time you felt like you didn't belong. ASK: *Has that happened to you? What did you do? Did someone help you feel included?*
- ★ Yoon's parents are proud of her when she sings to them in English. Remind your child about a time you were proud of him or her. ASK: *What are you proud of?*

ENCOURAGING is an action you can take in your family to provide support for one another. Learn more at www.ParentFurther.com.



www.firstbook.org



Discovering what kids need to succeed



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This tipsheet was created by First Book and Search Institute, with generous support from Disney.