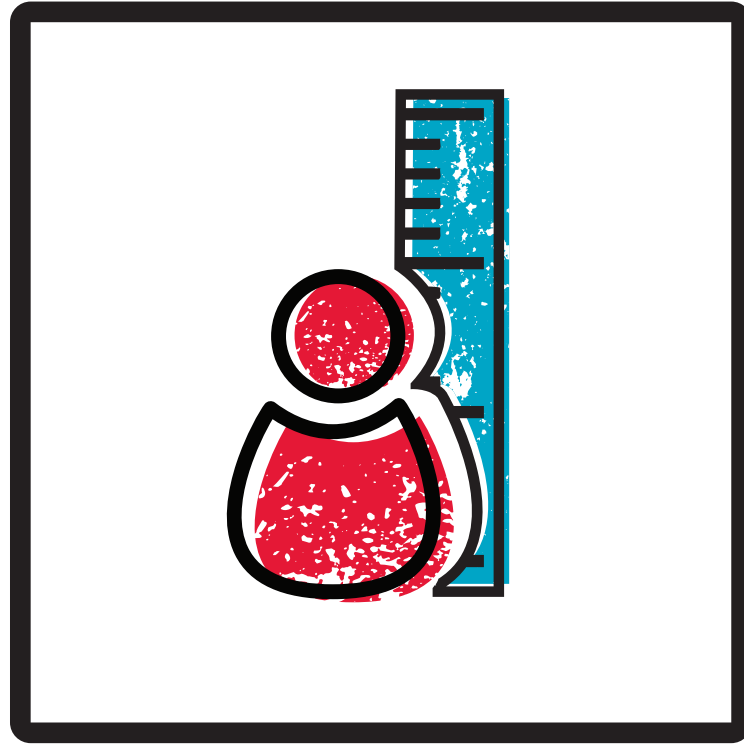


Express Care

Show me that I matter to you.

- **Be dependable**
- **Listen**
- **Believe in me**
- **Be warm**
- **Encourage**



Challenge Growth

Push me to keep getting better.

- **Expect my best**
- **Stretch**
- **Hold me accountable**
- **Reflect on failures**



Provide Support

Help me complete tasks
and achieve goals.

- **Navigate**
- **Empower**
- **Advocate**
- **Set boundaries**



Share Power

Treat me with respect and
give me a say.

- **Respect me**
- **Include me**
- **Collaborate**
- **Let me lead**



Expand Possibilities

Connect me with people and places that broaden my world.

- **Inspire**
- **Broaden horizons**
- **Connect**