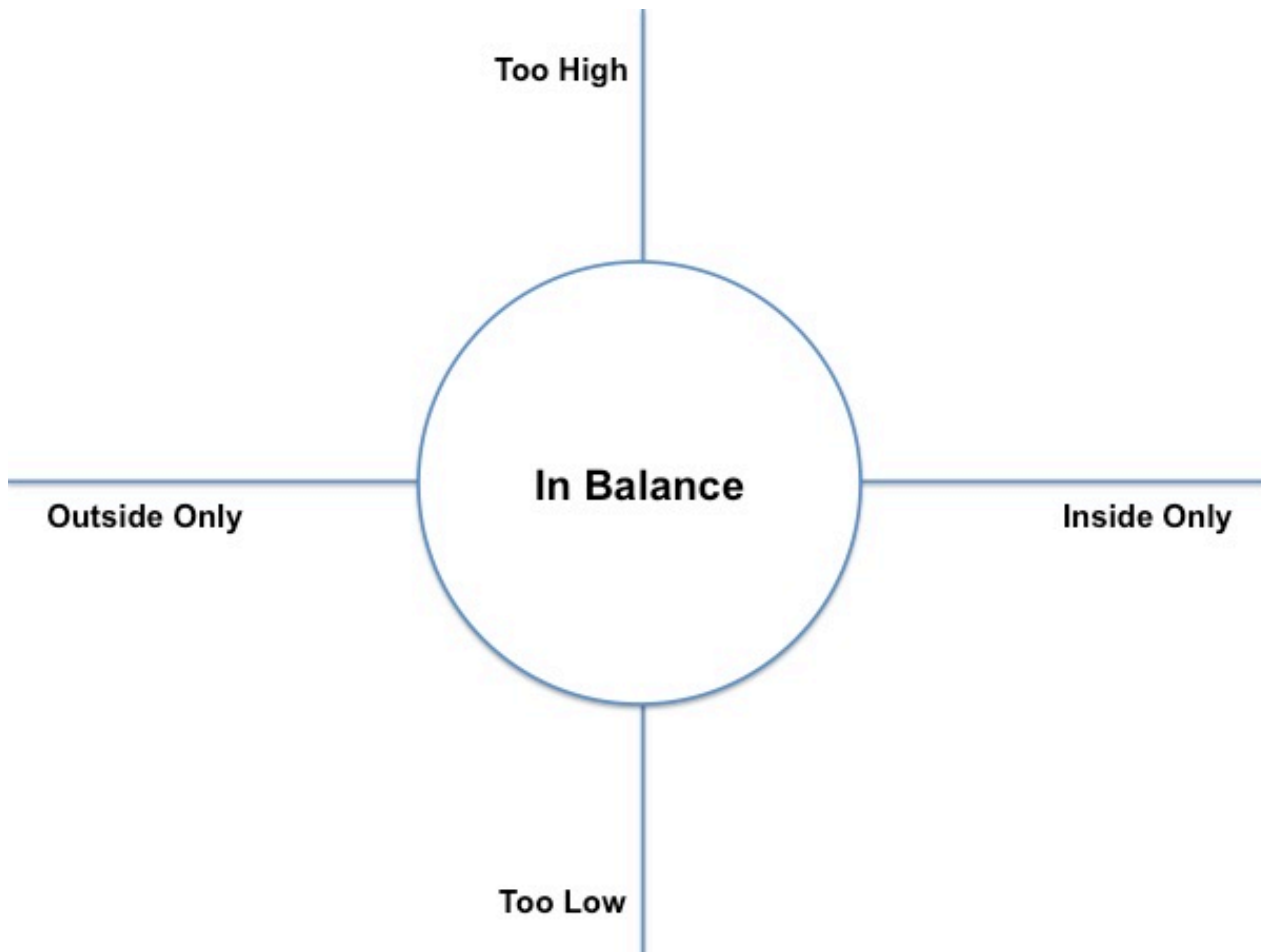




Your Family's Expectations Map

In the diagram below, plot how you view your family's expectations for you about each of these areas of life:

1. Appreciation for your culture or heritage
2. Chores and household responsibilities
3. Health, diet, and exercise
4. Religious or spiritual commitments
5. School achievement
6. Screen time (computer, phone, video games, TV)
7. Shared family meals, curfews, or other routines
8. Treating people who are different from your family
9. Tobacco or alcohol use
10. Values such as honesty, integrity, and caring
11. Community or political involvement
12. _____
13. _____
14. _____



Copyright © 2018 by Search Institute, Minneapolis, MN. May be reproduced for nonprofit, educational use.