

Reflecting on Your Relationships with Families

Use this worksheet to reflect on your relationships with the families who are already connected to your organization. (Don't focus on those that you only see in passing.)

		The statement is generally true about my relationship with			
		Very few of the families	A few of the families	Many of the families	Most of the families
Express Care	I am someone they can trust.	___	___	___	___
	I really pay attention to them when we are together.	___	___	___	___
	I make them feel known and valuable.	___	___	___	___
	I show them that I enjoy being together.	___	___	___	___
	I praise them for their efforts and achievements.	___	___	___	___
Challenge Growth	I expect them to live up to their potential.	___	___	___	___
	I push them to go further.	___	___	___	___
	I insist that they take responsibility for their actions.	___	___	___	___
	I help them learn from mistakes and setbacks.	___	___	___	___
Provide Support	I guide them through hard situations and systems.	___	___	___	___
	I build their confidence to take charge of their lives.	___	___	___	___
	I defend them when they need me to.	___	___	___	___
	I put limits in place that keep them on track.	___	___	___	___
Share Power	I take them seriously and treat them fairly.	___	___	___	___
	I involve them in decisions that affect them.	___	___	___	___
	I work with them to solve problems and reach goals.	___	___	___	___
	I create opportunities for them to take action and lead.	___	___	___	___
Expand Possibilities	I inspire them to see possibilities for their future.	___	___	___	___
	I expose them to new ideas, experiences, and places.	___	___	___	___
	I introduce them to people to help them grow.	___	___	___	___

As you review your responses, do you think the families would respond the same way about your interactions with them? Are the actions you do most consistently the ones they need the most right now? This checklist is a self-reflection tool. It is not a formal assessment.